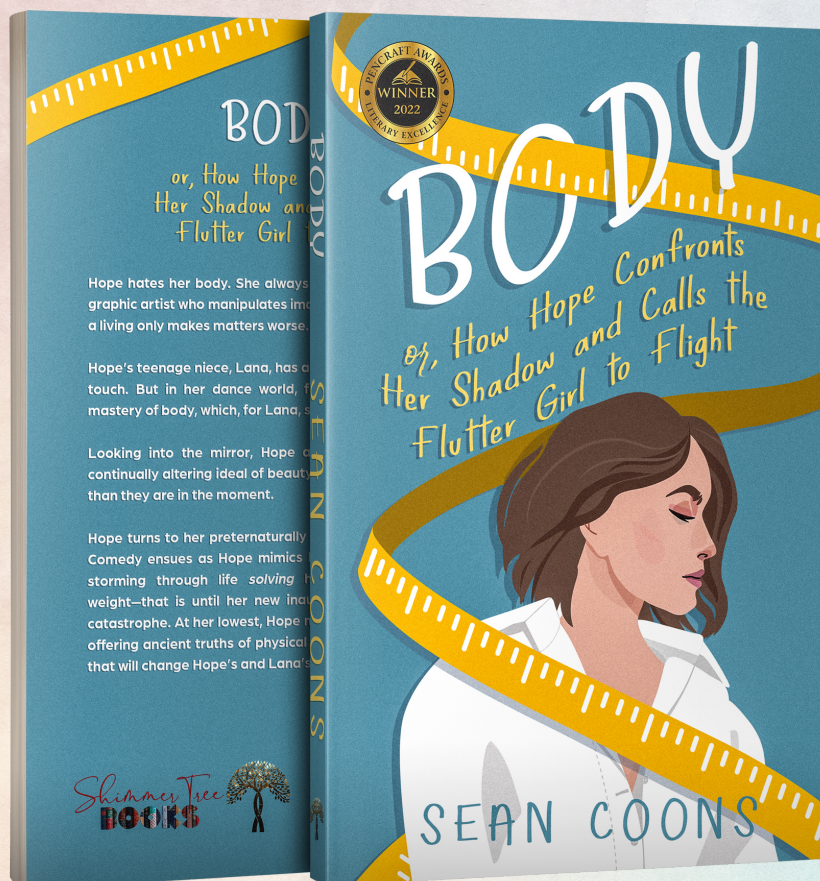


“This book offers truths and inspiration for any woman who's ever wondered if her body is good enough.” ~ Heather Creekmore, author of *Burden of Better*



#BODYIMAGE

#INTUITIVEEATING

#INSPIRATIONALFICTION



## About the Author

Sean Coons is an award-winning author and musician living in Idaho's Treasure Valley with his wife and son. He is the author of *Firefly* and *Body*, novels written to inspire hope and courage in readers. Sean has written for The Atlantic, The Christian Post, and Compared to Who?, an organization helping people who struggle with body image and comparison issues. He has also toured the US and abroad as an entertainer.



## Details

Book Title: **Body**  
Publisher: **Shimmer Tree Books**  
Genre: **Inspirational Fiction**  
Subgenres: **Christian, Humor**  
Issues Explored: **Body Image, Faith**  
Reader Age: **Late Teen & Up**  
Formats: **Paperback, Ebook**  
Print Length: **261 pages**  
Publication Date: **January 2023**

[www.SeanCoons.com](http://www.SeanCoons.com)

(208) 794-5381

SHIMMERTREEBOOKS@GMAIL.COM

**Read *Body*.**

**It will make you laugh.**

**You will learn things.**